

L/CVA EMMAUS COMMUNITY SPONSOR'S CHECKLIST

PRIOR TO WALK

- _____ Attend sponsorship training.
- _____ Pray for my pilgrim.
- _____ Sign up for a designated prayer vigil time slot.
- _____ Answer any questions my pilgrim has.
- _____ If my pilgrim is married, present the Walk to Emmaus to the spouse as well.
- _____ Complete the Sponsor Application form and the Pilgrim Application form, and submit both to:
L/CVA Emmaus - ATTN: Registrar, P. O. Box 11942, Lynchburg, VA 24506-1942, along with the Walk fee payment.
- _____ Write my own personal agape letter to my pilgrim.
- _____ Obtain Agape letters from 12 (minimum) family members and close friends.
- _____ Explain to my pilgrim what to bring to the Walk: Comfortable clothing and shoes, jacket, umbrella, flashlight, medications, personal items, sunglasses, extra bath towels (colored).
- _____ Explain to my pilgrim what NOT to bring to the Walk: Books, radios, clocks, watches, cell phones, pagers, PDAs, cameras, food (*that last one is pretty funny*).
- _____ Make arrangements to take care of the pilgrim's personal responsibilities during the Walk weekend, such as child care, meals, house-sitting, pets, mail, plants, carpools, etc.

WALK WEEKEND

Thursday:

- _____ Pray for my pilgrim.
- _____ Make sure I have my own personal Agape letter for the pilgrim.
- _____ Make sure I have the 12 letters from family members and close friends, including the pilgrim's spouse if he/she is married.
- _____ Clearly mark the letters. In the upper left hand corner of all the envelopes, identify whom the letter is from (spouse, child, friend, family, sponsor, etc.) In the center of all the envelopes, I have written the pilgrim's FIRST and LAST NAME.
- _____ Pick my pilgrim up and have a light meal if necessary prior to arriving on the MOUNTAIN.
- _____ Take my pilgrim to Eagle Eyrie, arriving before 6:30, check in, take luggage to room, and be in the Talk Room before 7:00 p.m. on Thursday.
- _____ Give the LETTERS and any AGAPE to the Agape Room Coordinator.
- _____ Attend Send-Off and Sponsor's Hour at 7:15.

Friday:

- _____ Pray for my pilgrim.
- _____ Check with Weekend Committee to see if any help is needed.

Saturday:

- _____ Pray for my pilgrim.
- _____ Check with Weekend Committee to see if any help is needed.
- _____ Attend Candlelight, arriving by 8:30 p.m.

Sunday:

- _____ Pray for my pilgrim.
- _____ Attend Closing, arriving at the walk location by 4:00 p.m.
- _____ Give personal agape to my pilgrim at THIS time and NOT prior to the Walk (4th Day Bag).
- _____ Take my pilgrim home.

AFTER THE WALK:

- _____ Pray for my pilgrim.
- _____ Check on my pilgrim to see if they have questions and to make sure everything is OK.
- _____ Help my pilgrim get established in a reunion group.
- _____ Bring my pilgrim to the next Day of Deeper Understanding and Community Gathering.
- _____ Repeat.....